OUR LADY IMMACULATE CATHOLIC PRIMARY SCHOOL

(PART OF THE ROSARY TRUST)

Our Lady Immaculate
Catholic Primary School
A Multi-Academy

"With God all things are possible"
(Matthew 19:26)

At Our Lady Immaculate Catholic Primary School, we will inspire our children to achieve personal excellence for themselves and for the glory of God.

PRAYER AND LITURGY POLICY

Date	Review Date	PRAYER AND LITURGY LEAD
Spring 2025	**Spring 2027**	**Sophie Gibbs**

Headteacher:	Sophie Gibbs
Chair of Governing Body:	Catherine Squires

OUR LADY IMMACULATE CATHOLIC PRIMARY SCHOOL
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MISSION STATEMENT

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PRAYER AND LITURGY POLICY

1. The Context of this Prayer and Liturgy Policy

Prayer and liturgy in a Catholic school names and celebrates God's presence in our lives. It is concerned with giving glory, honour, praise and thanks to God. It is our loving response, in word and action, to God's invitation to enter into relationship, made possible through the work of Jesus Christ and the witness of the Holy Spirit.

> 'The celebration of Catholic liturgies and prayers as an integral part of the learning and teaching should enable the school community to become reflective, experience the presence of God and should develop a mature spiritual life.' (Marcus Stock (2012), Christ at the Centre, Catholic Truth Society, 23.)

Here at Our Lady Immaculate, school prayer, worship and liturgical celebrations are central to the life of our school community and our Catholic nature. These allow our children and staff to come together to worship God.

Whilst we respect the diversity of belief in the world; we are dedicated to creating a school which is Christ-centred in character. We encourage the children to experience worship and liturgical celebrations in a relevant and meaningful manner. Our Prayer and liturgy policy takes account of the religious and educational needs of all who share it.

Within our school, prayer and liturgy is far more than a statutory requirement. It is an essential part of our distinctive ethos; a way of celebrating our faith and deepening our relationship with God through prayer, reflection, praise, meditation and celebration.

Our staff ensure that children are provided with opportunities to develop their spirituality and a close relationship with God through acts of worship. In developing a deep sense of spirituality, our children are prepared to live out their lives in accordance with their vocation.

The Aims of Prayer and Liturgy
Prayer and liturgy in Our Lady Immaculate Primary School aims to provide opportunities for all pupils and staff:

- To contemplate the mystery of God
- To reflect on spiritual and moral issues
- To explore personal beliefs
- To respond to and to celebrate life
- To experience a sense of belonging and to develop community spirit
- To develop a common ethos and shared values
- To enrich religious experience
- To grow in liturgical understanding and development
- To pray using prayers which are part of the Catholic tradition
- To reinforce positive attitudes
- To participate fully
- To take time out 'to wonder at', 'to come to terms with' and 'to give worth to.'

Principles
All acts of prayer in Our Lady Immaculate Catholic Primary School will:

- Give glory and honour to God;
- Be a quality activity, fundamental to the life of the school and its Catholic character;
- Enable pupils to develop skills so that they can prepare, organise and lead prayer times;
- Give pupils positive liturgical experiences, appropriate to their age, aptitude and family backgrounds in order to prepare them for the liturgical life of the Church. Celebrations will be appropriate to the age and groupings of the children.

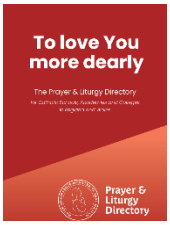
2. Statement of requirement

- The law requires all maintained Catholic schools to provide an act of daily collective worship (prayer and liturgy) for all pupils, including those in the sixth form (Section 70, 1988 Education Act) that is in accordance with the rites, practices, disciplines, and liturgical norms of the Catholic Church (School Standards and Framework Act 1998, schedule 20; Instrument of Government, clause 2). Academies in England are required by their funding agreement and Articles of Association to comply with similar requirements (The Mainstream Academy and Free School: Supplemental Funding Agreement, December 2020; Model Articles for Catholic Academies, February 2019).

The law requires all maintained schools to recognise and respect that parents have the legal right to withdraw their children up to the age of 16 from prayer and liturgy (School Standards and Framework Act 1998, s.71(1A)). Sixth-form pupils can choose to withdraw themselves from prayer and liturgy (School Standards and Framework Act 1998, s.71(1B)).

- The school's provision for prayer and liturgy will fulfil pupils' entitlement to experience the range of liturgical treasures of the Church, including a shared repertoire of prayers and liturgical music with which pupils in the school will be familiar.

Prayer and liturgy are not designated curriculum time. In the context of the Catholic school, this means that times of prayer and liturgy are not considered to be part of the allocation of curriculum time for Religious Education.



Legal requirements (4.1)

Within maintained schools and academies, there is a legal requirement for an act of collective worship to take place daily. Those responsible for the governance of schools with a religious character are legally required to ensure that collective worship is provided and is in accordance with the trust deed or religious designation of the school. In Catholic maintained schools and academies, this daily requirement will be fulfilled variedly as described in this Directory. In schools where this legal requirement holds, parents can choose to withdraw their children up to Year 11. Sixth-form pupils can themselves choose to withdraw. Within our Catholic schools In all Catholic schools (maintained, academies, independent, non-maintained special, sixth-form colleges), prayer and liturgy are integral to the spiritual life of the school and to pupils' moral and spiritual development. Taking part in daily prayer and liturgy helps build community cohesion by creating a consistent structure around the core values and symbols of Christianity. Prayer and liturgy are, therefore, an important part of a Catholic school's distinctive character. They are integral to the Catholic identity and life of the school, and they would take place in all Catholic schools, whether or not schools were required by statute to provide collective worship. Notably, too, pupil participation and engagement in prayer and liturgy are crucially important criteria in the diocesan inspection of Catholic education. Therefore, we have replaced the term 'collective worship' with the phrase 'prayer and liturgy', which more fittingly describes its role in a Catholic school. The bishop entrusts his responsibility for prayer and liturgy to the governors and headteachers. It is their responsibility to ensure that it is in accordance with the rites, practices, discipline, and liturgical norms of the Catholic Church.

3. Responsibility

(a) Governance

The governors, as guardians of the Catholic school's life and mission, have a responsibility to ensure that:

- prayer and liturgy are central to the Catholic life of the school and therefore are in line with the guidance set out by the Prayer and Liturgy Directory
- there is a named person(s) who is responsible for prayer and liturgy in the school (the Prayer and Liturgy Coordinator)
- the prayer and liturgy policy is updated regularly and shared with all stakeholders
- there is a budget for prayer and liturgy that reflects its centrality to the life of a Catholic school.

(b) Headteacher

The headteacher, as the spiritual leader of the school as a Catholic community, ensures that:

- prayer and liturgy are central to the Catholic life of the school and therefore are in line with the guidance set out by the Prayer and Liturgy Directory
- they work in partnership with the leader(s) for prayer and liturgy
- those responsible for prayer and liturgy in the school have been given appropriate training and formation to ensure that all guidance is followed and adhered to

• there are suitable resources for prayer and liturgy in the school.

(c) Prayer and Liturgy Coordinator

Those responsible for prayer and liturgy ensure that:

• prayer and liturgy are central to the Catholic life of the school and therefore are in line with the guidance set out by the Prayer and Liturgy Directory

• there is an ***Annual Plan of Provision*** for prayer and liturgy across the school year which identifies liturgical seasons and key celebrations, as well as opportunities for the celebration of the Sacraments

• there is daily planned prayer for all pupils, appropriate to age and ability, as outlined in the Prayer progression Directory

• pupils are supported in their liturgical formation to take an active role in the planning, preparation, and delivery of prayer and liturgy according to their age and capacity, and in a manner which facilitates their progressive participation

• resources to support the planning of prayer and liturgy are appropriate and readily available to staff and pupils

• induction on prayer and liturgy takes place for new members of staff as required

• staff have access to effective training and formation opportunities

• monitoring and evaluation of prayer and liturgy take place regularly and feed back into planning for future liturgies

• monitoring of prayer and liturgy is reported to the headteacher and governing body to support whole-school development and the Catholic life of the school

• there is collaboration with local clergy and parishes

• liaison with the Diocesan Advisory Service and others is maintained to ensure they keep updated with best practice.

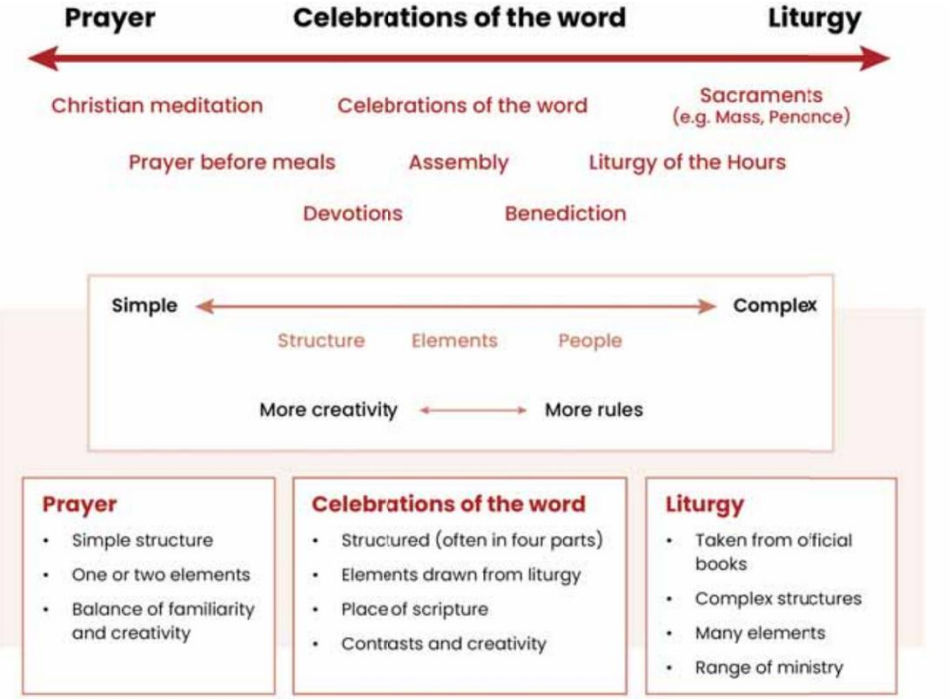
4. Overview of Prayer and Liturgy Provision

Prayer

Prayer has been traditionally described as 'lifting up of the hearts and minds to God', which means it involves our whole person – our head as well as our heart. This definition expresses a fundamental understanding that God is concerned and interested about what goes on in our lives; is due our expression of thanksgiving and gratitude; and responds to us when we express our needs. This basic dynamic of recognition, thanksgiving, and intercession forms the core of all prayer and liturgy. *PLD 2024*

Liturgy

The most familiar forms of the liturgy celebrated in school are the Mass and the Sacrament of Reconciliation. The liturgical books, such as the Roman Missal and the Lectionary, set out the structure to be followed, the words to be spoken, the gestures to be performed, and the symbols to be used when celebrating a liturgy. The possibility for some creativity and adaptation remains but they have to be exercised within the parameters authorised by the liturgical books. *PLD 2024*



Prayer and Liturgy Sessions

The Ten Ten scheme 'Prayer and Liturgy: loving Jesus' is used in all classes from Reception to Year 6 to support the delivery of and provide structure to liturgical formation. Prayer and Liturgy sessions are delivered daily and follow on from the Collective Worship Assembly theme.

Leading Prayer and Liturgy

As faith leader of the school, the Headteacher will plan and lead prayer and liturgy. The RE Subject Leader will support the Headteacher and be responsible for leading a RE Subject Lead Assembly. The class teacher will lead class prayer and liturgy. Children are taught to plan and lead prayer times according to their age.

Prayer and Liturgy Provision at Our Lady Immaculate

At Our Lady Immaculate school children are taught daily prayers and also the prayers and responses of the Mass as appropriate to their age and stage of development (see Appendix 1). Children are taught to pray in a variety of ways and learn prayers appropriate to the liturgical season. Appendix 3 shows when Mass is celebrated across the year, when there are opportunities for the Sacrament of Reconciliation, and when there are special liturgies.

The Learning Environment

Each classroom has a focal prayer point and RE area.

Children and staff alike are encouraged to be drawn into prayer and liturgy through a variety of celebrations. We believe it is important that children enjoy or are inspired by the opportunities for prayer in our school. We want these occasions to be meaningful and memorable for our children. These are enhanced by the use of:

- hymns
- reflective music
- silence
- spoken and sung prayers
- movement / dance
- scripture
- stories
- atmosphere – candles, icons, focal points
- drama.

The Whole School Community

We recognise the importance of enabling the wider community to prayer and celebrate God's word with us and we promote these opportunities whenever we can.

The whole school is involved in Christmas Concerts and Easter services. Parents, governors and friends are invited to participate in these celebrations.

Preparation for the Sacraments of Reconciliation and The Eucharist is an integral part of the Come and See programme and the new Religious Education Directory. However, full sacramental preparation is undertaken within the parish setting, being supported in school where possible.

Staff, Governors and the Friends Association of Our Lady Immaculate begin all meetings with a prayer in preparation for the meeting.

Parents play an invaluable role in leading their children in prayer. They are informed of the class prayers through the Ten Ten monthly newsletter. They are invited to celebrate Mass and assemblies when their child is involved. During May and October parents, pupils and staff are invited to pray the Rosary.

5. Monitoring and Evaluation

Monitoring and evaluation of the quality and impact of prayer and liturgy will take place regularly, and involve all key stakeholders: pupils, parents, staff, clergy, and governors. Termly reports are included in the Headteacher's Report to governors.

Prayer and liturgy is monitored using prayer and liturgy monitoring form. Chaplaincy Prefects monitor prayer tables and displays. Following monitoring, training needs will be identified and outcomes used to inform the school's CSED (Catholic Schools Evaluation Document).

6. Recording

Prayer and liturgy is recorded in a Prayer and Liturgy floor book. There will be one floor book for Infant classes and one for Junior classes. Children will also use Mark Ten Misson sheets to record their thoughts and reflections in Key Stage 2 but only if these are relevant to the Ten Ten prayer and liturgy sessions. Mark Ten Misson sheets will be stuck into RE books.

7. Resourcing

Prayer and liturgy are central to the school's understanding of itself as a Catholic school, and this is reflected in the annual budget allocation; prayer and liturgy (and RE) are given priority funding, including staff time, chaplaincy provision, and dedicated spaces for prayer and liturgy. The Catholic character of the school is reflected in religious artefacts and images on display throughout the building. Dedicated spaces for prayer and liturgy are furnished and maintained as such and updated to reflect the Church's liturgical season. Staff training and formation costs are funded separately to ensure that all staff can fulfil their responsibility to contribute to the prayer and liturgical life of the school.

Each class has a RE box with artefacts and fabrics suitable for all seasons of the liturgical year, religious iconography, posters, a half class set of textbooks (for UKS2) and age-appropriate Bibles. New resources are purchased when necessary.

Other resources are available in the central store including:

- Other faiths resources.
- Candles.
- CAFOD materials.
- Graphic Bibles.
- Collection of RE reference books on a variety of topics.

8. Training and Formation

All new staff will be supported during induction and beyond, so that they fully understand the responsibility they carry within their individual role for leading prayer and liturgy in the school. Any individual training needs will be identified and addressed through training and formation. There will also be the opportunity for whole-staff professional development and formation at least once a year, so that all staff understand the importance of prayer and liturgy and relevant staff are well supported to lead as required.

9. Review

This prayer and liturgy policy has been approved and adopted by the governing body Spring 2024
and will be reviewed on a 3-year cycle.

APPENDIX 1

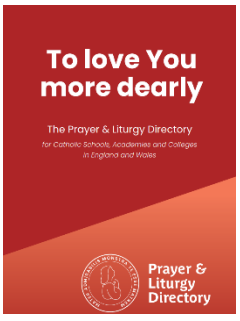
Common Prayers

Overview of Prayer and Liturgy provision				
Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Morning Prayer in class R– Y6	Morning Prayer in class R– Y6	Morning Prayer in class R– Y6	Morning Prayer in class R– Y6	Morning Prayer in class R– Y6
Celebration of the Word: Whole school Led by HT Focus: Sunday's Gospel Ten Ten Assembly	Celebration of the Word: RE Subject Leader Assembly Focus: Liturgical year		Liturgical Music	Celebration assembly Whole school
Daily Prayer and Liturgy Ten Ten 'Prayer and Liturgy: Loving Jesus'	Daily Prayer and Liturgy Ten Ten 'Prayer and Liturgy: Loving Jesus'	Daily Prayer and Liturgy Ten Ten 'Prayer and Liturgy: Loving Jesus'	Daily Prayer and Liturgy Ten Ten 'Prayer and Liturgy: Loving Jesus'	Daily Prayer and Liturgy Ten Ten 'Prayer and Liturgy: Loving Jesus' Pupil Led
Grace before meals in class R – Y6	Grace before meals in class R – Y6	Grace before meals in class R – Y6	Grace before meals in class R – Y6	Grace before meals in class R – Y6
Grace after meals in Lunch Hall R– Y6	Grace after meals in Lunch Hall R– Y6	Grace after meals in Lunch Hall R– Y6	Grace after meals in Lunch Hall R– Y6	Grace after meals in Lunch Hall R– Y6
Evening prayer in class R – Y6	Evening prayer in class N – Y6	Evening prayer in class N – Y6	Evening prayer in class N – Y6	Evening prayer in class N – Y6

This list is introduced in section 7.10 ('Common prayers').

Age phase	5–7 (KS1)	7–9 (Lower KS2)	9–11 (Upper KS2)
Prayers	• The Sign of the Cross • The Lord's Prayer • Hail Mary • Glory be • Grace before meals • Grace after meals	• The Apostles' Creed • An Act of Contrition • Angel of God • Come, Holy Spirit • The Prayer of St Richard of Chichester	• Morning Offering • The Rosary • The Magnificat • Act of Faith • Act of Hope • Act of Love

Prayer progression directory



There is a long tradition of Christians learning prayers and phrases of scripture by memory. This was not only the consequence of a pre-literate society, but a way to provide people with core texts which they could call upon when needed. We speak about learning prayers 'by heart' so that they can spring from the heart.

In Catechesi Tradendi St Paul VI wrote: The blossoms, if we may call them that, of faith and piety do not grow in the desert places of a memory-less catechesis. What is essential is that the texts that are memorised must at the same time be taken in and gradually understood in depth, in order to become a source of Christian life on the personal level and the community level.

This suggests that Catholic pupils not only learn common prayers, but are helped to appreciate how each text draws them into a relationship with Jesus, so that these texts become a foundation for their ongoing prayer life. Care will need to be taken that the list of prayers given below is introduced gradually according to each

Key Stage, with sensitivity to the age, personal development, and capacity of the pupils in the school. Even where prayers are known by heart, there will be circumstances, such as in the celebration of the Sacrament of Penance and Reconciliation, where assistance might be necessary.

The prayers and responses of the Mass should be familiar to Catholic pupils. However, in the celebration of the liturgy, we hold a corporate memory of the texts. Prayers we may not be able to remember individually we are able to recite together with confidence. It is important that pupils encounter during their time at school a wide range of prayers. They should have a familiarity with the common texts of the Catholic tradition, but also appreciate that there are many ways of praying and languages of prayer.

Many schools will provide a student prayer book which contains the prayers listed below, alongside other prayers. This might include prayers relating to the patron Saint of the school and diocese, and/or prayers drawn from the religious order associated with the school. The prayer book can be given to students as a gift to be valued and to be used. It can be important to know some prayers by heart as well as to know where to turn to express in prayer the hopes and fears of growing in life and faith.

With sensitivity to their age, personal development, and capacity, pupils should know the following prayers:

- The Sign of the Cross
- The Lord's Prayer
- Hail Mary
- Glory be
- The Apostles' Creed
- An Act of Contrition
- Angel of God
- Eternal Rest
- Morning Offering
- Grace before meals
- Grace after meals
- Come, Holy Spirit
- The Angelus
- The Rosary
- Hail Holy Queen
- The Magnificat
- The Memorare
- The Prayer of St Richard of Chichester
- Act of Faith
- Act of Hope
- Act of Love
- Jesus, Mary and Joseph, I give you

The Sign of the Cross

In the name of the Father and of the Son and of the Holy Spirit. Amen.

The sign of the cross is both an action and a statement of faith. A physical reminder of our redemption in the cross and an expression of faith in the Trinity.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth,
as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,

as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

The Lord's Prayer 'is truly the summary of the whole of the Gospel'. (CCC 2761.)

The Hail Mary
Hail, Mary, full of grace,
the Lord is with thee.
Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

The first part of the Hail Mary is biblical, drawn from Gabriel's greeting to Mary at the Annunciation and Elizabeth's greeting at the Visitation. The second part of the prayer has its origins in 15th-century Italy.

Glory be to the Father
Glory be to the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning
is now, and ever shall be
world without end. Amen.

The doxology is a short expression of praise of the Trinity dating back to the early Church. It is used extensively in the Liturgy of the Hours and in devotions such as the Rosary.

Grace before meals
Bless us, O Lord, and these your gifts
which we are about to receive from your bounty.
Through Christ our Lord.
Amen.

Grace after meals
We give you thanks, Almighty God,
for all your benefits,
who live and reign, world without end.
Amen.

The Apostles' Creed
I believe in God,
the Father almighty
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,

At the words that follow, up to and including the Virgin Mary, all bow.

who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;

on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Based on baptismal documents of the 8th century but related to texts of an earlier origin.

Act of Contrition
O my God,
because you are so good,
I am very sorry that I have sinned against you,
and with the help of your grace
I will not sin again.

One of the forms of the Penitent's Prayer of Sorrow found in the Rite of Penance.

Angel of God
Angel of God,
my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
Amen.

The prayer is based on one by Reginald of Canterbury in the early 12th century.

Come, Holy Spirit
V. Come, Holy Spirit, fill the hearts of your faithful.
R. And kindle in them the fire of your love.
V. Send forth your Spirit and they shall be created.
R. And you will renew the face of the earth.
Let us pray
O God, who by the light of the Holy Spirit,
did instruct the hearts of your faithful,
grant that by that same Holy Spirit,
we may be truly wise, and ever rejoice in your consolation,
Through Christ our Lord.
Amen.

This prayer is a compilation of a number of liturgical texts drawn from the Mass and Office of Pentecost and the Votive Mass of the Holy Spirit.

Prayer of St Richard of Chichester
Thanks be to you, my Lord Jesus Christ,
for all the benefits which you have given me,
for all the pains and insults which you have borne for me.
O most merciful Redeemer, friend and brother,

may I know you more clearly,
love you more dearly,
and follow you more nearly,
day by day.
Amen.

Morning Offering
O Jesus,
through the most pure heart of Mary,
I offer you all my prayers,
thoughts, works and sufferings of this day
for all the intentions of your most Sacred heart.

The Rosary
For each mystery or decade, one Our Father, ten Hail Marys and the Glory be is recited.
The Joyful Mysteries
(Recited Monday and Saturday)
The Annunciation (Luke 1:26–38)
The Visitation (Luke 1:39–45)
The Nativity (Luke 2:1–7)
The Presentation in the Temple (Luke 2:22–35)
The Finding in the Temple (Luke 2:41–52)

The Mysteries of Light
(Recited Thursday)
The Baptism of Jesus (Matthew 3:13–17)
The Wedding Feast of Cana (John 2:1–12)
The Proclamation of the Kingdom, with the call to Conversion (Mark 1:14–15; 2:3–12)
The Transfiguration (Luke 9:28–36)
The Institution of the Eucharist (Matthew 26:26–29)

The Sorrowful Mysteries
(Recited Tuesday and Friday)
The Agony in the Garden (Mark 14:32–42)
The Scourging at the Pillar (Matthew 27:15–26)
The Crowning with Thorns (Matthew 27:27–31)
The Carrying of the Cross (John 19:15–17; Luke 23:27–32)
The Crucifixion (Luke 23:33–38, 44–46)

The Glorious Mysteries
(Recited Wednesday and Sunday)
The Resurrection (Matthew 28:1–8)
The Ascension (Acts 1:6–11)
The Descent of the Holy Spirit (Acts 2:1–12)
The Assumption (1 Thessalonians 4:13–19)
The Coronation of Mary Queen of Heaven and Earth (Revelation 12:1; 14:1–5; Isaiah 6:1–3)
Prayer concluding the Rosary
[Hail, Holy Queen, etc. as above]
V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.
Let us pray.
O God, whose only-begotten Son,
by his life, death and resurrection,
has purchased for us the rewards of eternal life,
grant, we beseech thee,
that meditating on these mysteries
of the most holy Rosary of the Blessed Virgin Mary,
we may imitate what they contain
and obtain what they promise,
through the same Christ our Lord.
Amen.

The Magnificat
My soul proclaims the greatness of the Lord,
and my spirit rejoices in God my Saviour,
for he has looked upon his handmaid in her lowliness;
for behold, from this day forward,
all generations will call me blessed.
For the Almighty has done great things for me,
and holy is his name.
His mercy is from age to age
for those who fear him.
He has made known the strength of his arm,
and has scattered the proud in their conceit of heart.
He has cast down the mighty from their thrones
and has exalted those who are lowly.
He has filled the hungry with good things,
and has sent the rich away empty.
He has helped his servant Israel,
mindful of his mercy,
even as he promised to our fathers,
to Abraham and his descendants for ever.
Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now,
and ever shall be, world without end.
Amen.

Mary's song of praise was first sung to her cousin Elizabeth (Luke 1:46–55). It is sung daily at Evening Prayer.

Act of Faith
My God, I believe in you
and all that your Church teaches,
because you have said it,
and your word is true.

Act of Hope
My God, I hope in you,
for grace and for glory,

because of your promises,
your mercy and your power.

Act of Love
My God, because you are so good,
I love you with all my heart,
and for your sake,
I love your neighbour as myself.

The Benedictus
Blessed be the Lord God of Israel:
for he has visited his people and redeemed them;
he has raised up for us a horn of salvation
in the House of David his servant,
as he spoke through the mouth of his holy ones,
his prophets from ages past:
To grant salvation from our foes,
and from the hand of all who hate us,
showing mercy to our fathers,
remembering his holy covenant;
the oath he swore to Abraham our father,
To grant that freed from the hand of our foes,
we may serve him without fear
in holiness and righteousness
all the days of our life.
And you, little child, will be called
the Prophet of the Most High,
for you will go before the Lord
to make ready his ways:
to grant knowledge of salvation to his people
by the forgiveness of their sins;
Through the tender mercy of our God,
the Dawn from on high will visit us,
to shine on those who sit in darkness,
and those in the shadow of death;
to guide our feet into the way of peace.
Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end.
Amen.

The Canticle of Zechariah, father of John the Baptist, is taken from Luke's Gospel (Luke 1:68–79). It is sung daily at Morning Prayer.

The Angelus
V. The Angel of the Lord declared unto Mary.
R. And she conceived of the Holy Spirit.
Hail, Mary, full of grace, the Lord is with thee.
Blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.
V. Behold the handmaid of the Lord.
R. Be it done unto me according to thy word.
Hail Mary.
V. And the Word was made flesh.
R. And dwelt among us.
Hail Mary.
V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.
Let us pray;
Pour forth, we beseech thee, O Lord,
thy grace into our hearts;
that we, to whom the Incarnation of Christ, thy Son,
was made known by the message of an angel,
may by his Passion and Cross be brought to the glory of his Resurrection.
Through the same Christ, our Lord.
Amen.

The Angelus is traditionally said three times a day: at 6am, 12 noon, and 6pm.

Hail, Holy Queen (Salve Regina)
Hail, Holy Queen, Mother of Mercy,
Hail our life, our sweetness and our hope!
To thee do we cry, poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping in this valley of tears!
Turn, then, most gracious Advocate,
thine eyes of mercy toward us,
and after this, our exile,
show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

The Salve Regina is one of the Marian Anthems sung at Night Prayer.

The Memorare
Remember, O most gracious Virgin Mary,
that never was it known that anyone who fled to thy protection,
implored thy help, or sought thy intercession, was left unaided.
Inspired by this confidence I fly unto thee,
O Virgin of virgins, my Mother.
To thee do I come, before thee I stand, sinful and sorrowful.
O Mother of the Word Incarnate, despise not my petitions,
but in thy mercy hear and answer me.
Amen.

A 16th-century version of a longer 15th-century prayer.

Jesus, Mary and Joseph
Jesus, Mary and Joseph, I give you my heart and my soul.
Jesus, Mary and Joseph, assist me in my last agony.
Jesus, Mary and Joseph, may I breathe forth my soul in peace with you.

Eternal Rest
Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.
May they rest in peace. Amen.

Based on the Entrance Antiphon of the Mass for the Dead.

Appendix 2

Our Lady Immaculate Prayer and Liturgy Plan of Provision 2024-25					
September		**October**		**November**	
2nd	Staff liturgy with blessing from Fr Martin	**2nd**	Year 3 Mass at OLI	**4th**	Head's Celebration of the Word
5th	Liturgical Music Practice	**3rd**	Liturgical Music Practice	**5th**	RE leader Catholic Social Teaching assembly
6th	Celebration Assembly	**4th**	Celebration Assembly CAFOD Harvest Family feast day	**8th**	Celebration Assembly
9th	Head's Gospel assembly	**7th**	Head's Gospel Assembly	**6th**	All Saints whole school Mass at OLI-day of Holy Obligation
11th	Whole School mass at OLI start of the Year	**8th**	Executive Head Catholic Social Teaching assembly	**7th**	Liturgical Music Practice
12th	Liturgical Music Practice	**9th**	Year 6 Mass at OLI	**11th**	Year 5 Remembrance Day assembly
13th	Celebration Assembly	**10th**	Liturgical Music Practice	**12th**	Anti-Bullying week assembly led by SR/IH
16th	Head's Gospel Assembly and introduction of Virtue	**11th**	Celebration Assembly	**13th**	Year 5 Mass at OLI
17th	Executive Head Catholic Social Teaching assembly CAFOD season of creation national assembly	**14th**	Little Edi foundation assembly-am KS1 Harvest Assembly-pm	**14th**	Liturgical Music Practice
18th	Year 5 Mass at OLI	**15th**	Executive Head Catholic Social Teaching assembly-Chelmsford Choir Master visited	**15th**	Celebration Assembly
19th	Liturgical Music Practice	**16th**	Year 1 Mass at OLI	**18th**	Head's Celebration of the Word
20th	Celebration Assembly	**17th**	Liturgical Music Practice	**19th**	RE leader Catholic Social Teaching assembly
23rd	Head's Gospel Assembly	**18th**	Celebration Assembly	**20th**	Year 4 Mass at OLI
24th	Executive Head Catholic Social Teaching assembly	**21st**	Celebration of the Word led by DD	**21st**	Liturgical Music Practice
25th	Year 4 Mass at OLI	**22nd**	No Assembly individual photos	**25th**	Head's Celebration of the Word
26th	Liturgical Music Practice	**23rd**	Year 2 Mass at OLI	**26th**	Liturgical music-check DHS availability
27th	Celebration Assembly	**24th**	Liturgical Music Practice-am PM KS2 Devotion to the Rosary-pm	**27th**	Year 3 Mass at OLI
30th	Head's Gospel Assembly and introduction of Virtue			**28th**	CAFOD National Advent Assembly lead by RE Leader

				29th	Celebration Assembly
December		**January**		**February**	
2nd	HT Celebration of the Word/Virtue-lighting of the first advent candle	**7th**	HT Celebration of the Word	**3rd**	HT Celebration of the Word/virtue
3rd	RE leaders CST assembly	**8th**	9.30am Whole school Mass The Epiphany	**4th**	RE Leaders CST assembly
4th	Year 2 Mass at OLI	**9th**	Liturgical Music	**5th**	Year 3 Mass at OLI
5th	Liturgical music	**10th**	Celebration Assembly	**6th**	Liturgical Music
9th	11 am Whole school Feast day Mass at OLI	**13th**	HT Celebration of the Word/Virtue-The baptism of the Lord	**7th**	Celebration Assembly
11th	Year 1 Mass at OLI	**14th**	RE Leaders CST assembly	**10th**	HT Celebration of the Word/Virtue
12th	Liturgical Music	**15th**	Reception and Yr 6 Mass at OLI	**11th**	RE Leaders CST assembly
13th	Celebration Assembly	**16th**	Liturgical Music	**12th**	Year 2 Mass at OLI
16th	HT Celebration of the Word/Virtue lighting of the third advent candle	**17th**	Celebration Assembly	**13th**	Liturgical Music
17th	RE Leaders CST assembly-am EYFS/KS1 Nativity pm	**20th**	HT Celebration of the Word/Virtue	**14th**	Celebration Assembly
18th	Year 1 Mass at OLI	**21st**	RE Leaders CST Assembly	**24th**	HT Celebration of the Word/virtue
19th	2pm Candlelight advent service	**22nd**	Year 5 Mass at OLI	**25th**	RE Leaders CST assembly
20th	2pm Junior Carol Concert at OLI	**23rd**	Liturgical Music	**26th**	Year 1 Mass at OLI
		24th	Celebration Assembly	**27th**	Liturgical Music
		27th	HT Celebration Assembly of the Word/Virtue	**28th**	Celebration Assembly
		28th	RE Leaders CST assembly		
		29th	Year 4 Mass at OLI		
		30th	Liturgical Music		
		31st	Celebration Assembly		
March		**April**		**May**	
3rd	HT Celebration of the Word/Virtue	**1st**	9.30am Easter Production at OLI Church led by Year 5	**1st**	Liturgical Music
4th	RE Leaders CST assembly - CAFOD Lent national assembly	**2nd**	Year 3 Mass at OLI	**2nd**	Celebration Assembly
5th	9am Ash Wednesday Mass at OLI KS2 to attend 11.30am Ashes service with Fr Martin and Fr Damien in school for KS1	**3rd**	Liturgical Music	**6th**	RE leaders CST assembly
6th	Liturgical music	**4th**	Celebration Assembly-am Stations of the Cross led by the Chaplaincy Team pm	**7th**	Year 2 Mass at OLI
7th	Celebration Assembly	**22nd**	RE leaders CST assembly	**8th**	Liturgical Music
10th	HT Celebration of the Word/Virtue	**23rd**	Year 3 Mass at OLI	**9th**	Celebration Assembly
11th	RE Leaders CST assembly	**24th**	Liturgical Music	**16th**	May procession led by Fr Martin
12th	Reception and Yr 6 Mass at OLI	**25th**	Celebration Assembly	**19th**	HT Celebration of the Word/Virtue
13th	Liturgical Music 11 am Reconciliation Service whole school Confessions for pupils who have made their first Holy Communion in school	**28th**	HT Celebration of the Word/Virtue	**20th**	RE leaders CST assembly

14th	Celebration Assembly	**29th**	RE leaders CST assembly	**21st**	Year 1 Mass at OLI
17th	HT Celebration of the Word/Virtue	**30th**	Year 2 Mass at OLI	**22nd**	Liturgical Music
18th	Liturgical Music-Confirm DHS availability			**23rd**	Family Feast day Whole School Mass at 9am
19th	Year 5 Mass at OLI				
20th	RE leaders CST assembly-CAFOD International Day of Happiness				
21st	Celebration Assembly				
24th	HT Celebration of the Word/Virtue Feast of St Oscar Romero				
25th	RE leaders CST assembly-CAFOD the Annunciation				
26th	Year 4 Mass at OLI				
27th	Liturgical Music				
28th	Celebration Assembly				
31st	HT Celebration of the Word/Virtue				
June		**July**			
2nd	HT Celebration of the Word/Virtue	**1st**	RE leaders CST assembly		
3rd	RE leaders CST assembly	**2nd**	Year 2 Mass at OLI		
4th	Reception and Yr 6 Mass at OLI	**3rd**	Liturgical Music		
5th	Liturgical Music	**4th**	Celebration Assembly		
6th	Celebration Assembly	**7th**	HT Celebration of the Word/Virtue		
9th	HT Celebration of the Word-Pentecost-CAFOD	**8th**	RE Leaders CST Assembly		
10th	RE Leaders CST Assembly	**9th**	Year 1 Mass at OLI		
11th	Year 5 Mass at OLI	**10th**	Liturgical Music		
12th	Liturgical Music	**11th**	Celebration Assembly		
13th	Celebration Assembly	**14th**	HT Celebration of the Word/Virtue		
16th	HT Celebration of the Word/Virtue	**15th**	RE Leaders CST Assembly		
17th	RE Leaders CST Assembly	**16th**	Reception and Yr 6 Mass at OLI		
18th	Year 4 Mass at OLI	**17th**	Liturgical Music 6pm Year 6 Leavers Mass		
19TH	Liturgical Music	**18th**	Celebration Assembly		
20th	Celebration Assembly				
23rd	HT Celebration of the Word/Virtue				
24th	RE Leaders CST Assembly				
25th	Year 3 Mass at OLI				
26th	Liturgical Music				
27th	Celebration Assembly				
30th	HT Celebration of the Word/Virtue				