Ten:Ten Resources | Life to the Full

Classroom Shorts Overview

2026

EYFS			
EYFS Module 1: Created and Loved by God			
Unit 2 Session 3: Ready Teddy?	**Do you know... how to talk about your body and your health?**	This Classroom Shorts offers children, in EYFS and KS1, ways to talk about physical health and fitness, and signposts to appropriate support avenues.	2:30 mins
	Do you know... how to brush your teeth?	The first in a series of two Classroom Shorts that will teach children about the importance of good oral hygiene, including how to brush your teeth and the importance of visiting the dentist.	1:30 mins
EYFS Module 2: Created to Love Others			
Unit 2 Session 1: Who's Who?	**Do you know... how to ask for help?**	This Classroom Short, for use in EYFS and KS1, signposts children to appropriate emotional and safeguarding support.	3:30 mins
EYFS Module 3: Created to Live in Community			
KS1			
KS1 Module 1: Created and Loved by God			
Unit 2 Session 3: Clean and Healthy (My Body)	**Do you know... about healthy eating?**	This Short will teach children about the importance of a healthy diet, what makes a healthy or unhealthy diet and the risks that come with it.	3:30 mins
	Do you know... how to talk about your body and your health?	This Classroom Shorts offers children, in EYFS and KS1, ways to talk about physical health and fitness, and signposts to appropriate support avenues.	2:30 mins
	Do you know... about the sun?	This Short will teach children about how to keep themselves safe in the sun, and the risks associated with it.	4:00 mins
	Do you know... how to be clean?	The first in a series of two Classroom Shorts will teach children about the importance of personal hygiene, including how germs are spread and how to prevent them.	3:00 mins
	Do you know... about exercise?	This Short will teach children about the benefits of, and how to build an active lifestyle.	2:30 mins
KS1 Module 2: Created to Love Others			
Unit 2 Session 1: Special People	**Do you know... how to ask for help?**	This Classroom Short, for use in EYFS and KS1, signposts children to appropriate emotional and safeguarding support.	3:30 mins

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LKS2			
LKS2 Module 1: Created and Loved by God			
Unit 2 Session 2: Respecting Our Bodies	**Do you know... how to have a healthy relationship with food?**	This Short will explore the difference between food needs and wants, and support pupils to develop a healthy, balanced relationship with food.	4:30 mins
	Do you know... how to talk about your body and your health?	This Classroom Shorts offers children, in LKS2, ways to talk about physical health and fitness, and signposts to appropriate support avenues.	3:00 mins
	Do you know... about dental hygiene?	The second in a series of two Classroom Shorts that will teach children about the importance of good oral hygiene, including how to brush your teeth and the importance of visiting the dentist.	4:30 mins
	Do you know ... about germs?	The second in a series of two Classroom Shorts will teach children about the importance of personal hygiene, including how germs are spread and how to prevent them.	3:00 mins
	Do you know ... how exercise impacts your body?	This Short will teach children about the benefits of, and how to build an active lifestyle, as well as the risks associated with inactivity.	3:00 mins
Unit 3 Session 1: What Am I Feeling?	**Loneliness**	This Short will address loneliness, help pupils recognise that feeling lonely is common, and encourage them to talk to trusted adults when they need support.	4:00 mins
LKS2 Module 2: Created to Love Others			
Unit 2 Session 1: Friends, Family and Others...	**Do you know... how to ask for help?**	This Classroom Short, for use in KS2, signposts children to appropriate emotional and safeguarding support.	5:00 mins
Unit 3 Session 2: Chatting Online	**Critical Thinking**	This film will introduce why and how we should think critically about the content we consume in the media and online. Child presenters will deliver teaching about targeted marketing, and real life scenarios will be explored.	6:00 mins
UKS2			
UKS2 Module 1: Created and Loved by God			
Unit 2 Session 4: Spots and Sleep	**Do you know ... about sleep?**	This Short will teach children about the importance of good quality sleep, and the impact of poor sleep.	4:30 mins
	Do you know ... about vaccinations?	This Short will teach children about the facts regarding vaccinations and immunisation.	3:00 mins

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UKS2 Module 2: Created to Love Others			
Unit 2 Session 1: Under Pressure	**Do you know... how to ask for help?**	This Classroom Short, for use in KS2, signposts children to appropriate emotional and safeguarding support.	5:00 mins
Unit 3 Session 2: Cyberbullying	**Content Consumers**	Building from the LKS2 Classroom Short 'Critical Thinking', this film dives deeper into why and how we should think critically about the content we consume.	8:00 mins